Personality Information

With an awareness of your personality preferences and how these may impact your learning tendencies, you can adapt the way you learn so that instead of undermining your confidence or experiencing frustration, you can play to your strengths and facilitate a more enjoyable, productive learning experience. You will be confronted with your weaknesses so that you can develop strategies for overcoming challenges that relate to each of the personality tendencies.

### Introversion/Extroversion Question:

**Introversion:** How do you prefer to interact with the world and where do you direct your energy?

**E Extroversion:** To the outer world of activity and spoken words

<table>
<thead>
<tr>
<th>I Introversion:</th>
<th>E Extroversion:</th>
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</thead>
<tbody>
<tr>
<td>Energy directed to the inner world of thoughts and emotions</td>
<td>To the outer world of activity and spoken words</td>
</tr>
<tr>
<td><strong>Characteristics/Tendencies/Preferences:</strong></td>
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</tr>
<tr>
<td>- Private</td>
<td>- Sociable</td>
</tr>
<tr>
<td>- Quiet</td>
<td>- Expressive</td>
</tr>
<tr>
<td>- Few</td>
<td>- Many</td>
</tr>
<tr>
<td>- Concentration</td>
<td>- Interaction</td>
</tr>
<tr>
<td>- Inward</td>
<td>- Outward</td>
</tr>
<tr>
<td>- Reserved</td>
<td>- Acts before Thinking</td>
</tr>
<tr>
<td>- Thinks before acting</td>
<td>- Outgoing</td>
</tr>
<tr>
<td>- Prefers deep experiences</td>
<td>- Prefers broad range of experiences</td>
</tr>
</tbody>
</table>

Prefer to work alone. Can concentrate for long periods of time. Sets personal standards. May delay actions to think until too late to complete. Prefers quiet, uninterrupted study site. Prefers in-depth treatment of activities or ideas. Able to follow through until completion of long-term tasks.

Enjoy working with others. Relatively short attention span. Learns what instructor wants. Acts quickly, but sometimes without completely thinking the situation through. Prefers variety and active learning opportunities. Prefers many activities or ideas to in-depth treatment of one idea. Becomes impatient when working on long-term tasks.

### Sensing/Intuition Question:

**S Sensing:** How do you prefer to process or take in information?

**N Intuition:** Prefers to process information in the form of possibilities or new potential

<table>
<thead>
<tr>
<th>S Sensing:</th>
<th>N Intuition:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prefers to process information in the form of known facts and familiar terms</td>
<td>Prefers to process information in the form of possibilities or new potential</td>
</tr>
<tr>
<td><strong>Characteristics/Tendencies/Preferences:</strong></td>
<td><strong>Characteristics/Tendencies/Preferences:</strong></td>
</tr>
<tr>
<td>- Facts</td>
<td>- Possibilities</td>
</tr>
<tr>
<td>- Experience</td>
<td>- Novelty</td>
</tr>
<tr>
<td>- Present</td>
<td>- Future</td>
</tr>
<tr>
<td>- Practicality</td>
<td>- Aspiration</td>
</tr>
<tr>
<td>- Enjoyment</td>
<td>- Development</td>
</tr>
<tr>
<td>- Realism</td>
<td>- Idealism</td>
</tr>
<tr>
<td>- Using</td>
<td>- Changing</td>
</tr>
<tr>
<td>- Down to Earth</td>
<td>- Full of Ideas</td>
</tr>
<tr>
<td>- Eye for Details</td>
<td>- Sees meaning</td>
</tr>
<tr>
<td>- Materialistic</td>
<td>- Idealistic</td>
</tr>
<tr>
<td>- Trusts experience</td>
<td>- Trusts hunches</td>
</tr>
<tr>
<td>- Values security</td>
<td>- Values Freedom</td>
</tr>
<tr>
<td>- Works systematically</td>
<td>- Works in bursts</td>
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</tbody>
</table>


Tends to use a roundabout approach. Oriented to the future. Becomes bored after mastering a skill. Prefers imaginative application. Attentive to 'big picture'. Restless. Works in bursts of energy. Prefers open-ended assignments. Prefers reading or thinking. Prepares well for tests involving theoretical application. Likes mental visualization and memory activities. Prefers to involve right-brain strategies (mapping, drawing, charting). Comfortable with incomplete understanding of a task; believes task will 'come together' after time.
Thinking/Feeling Question:
“How do you prefer to make decisions?”

**T Thinking:** Prefers to make decisions on the basis of logic and objective considerations

Characteristics/Tendencies/Preferences:
- Analyzing
- Objective
- Logical
- Criticism
- Onlooker
- Decides on Principle
- Long-term view
- Questions
- Seeks respect
- Independent
- Values Truth
- Critical


**F Feeling:** Prefers to make decisions on the basis of personal values

Characteristics/Tendencies/Preferences:
- Sympathizing
- Subjective
- Personal
- Appreciation
- Participant
- Decides using Values
- Immediate View
- Trusts
- Seeks approval
- Belonging
- Values harmony
- Supportive


Judging/Perceiving Question:
“How do you prefer to organize your life?”

**J Judging:** Prefer to organize life in a structured way, making decisions and knowing where you stand.

Characteristics/Tendencies/Preferences:
- Closed
- Likes to Decide
- Structured
- Organized
- Firm
- Likes Control
- Planned approach
- Makes decisions
- Disciplined
- Sets goals
- Good at completing
- Controlled


**P Perceiving:** Prefers to organize life in a flexible spontaneous way, discovering as you go along

Characteristics/Tendencies/Preferences:
- Open
- Explores
- Unstructured
- Inquires
- Flexible
- Spontaneous
- Flexible approach
- Keeps options open
- Haphazard
- Spots opportunities
- Good at exploring
- Spontaneous

Self-directed. Prefers flexibility in completing tasks. Tends to over-commit. Starts several tasks at once. Delays closure in order to gather more information. Distracted. Flexible

Personality Links:

1. http://www.google.com (Place Personality Profile letters in search box. Example: INFP)
5. http://www.teamtechnology.co.uk/mb-types/mb-types.htm (What makes you tick?)
7. http://www.jungtype.com (General)